

Blue Moose Roasted Onion Dip

Serving Size: 2 Tbsp.

Servings Per Container: 7

Ingredients: Cream Cheese (Pasteurized Milk And Cream, Cheese Cultures, Salt, Carob Bean And/Or Xanthan And/Or Guar Gums), Sour Cream (Grade A Cultured Cream), Mayonnaise (Expeller-Pressed Canola Oil, Cage-Free Egg Yolks, Water, Honey, Distilled Vinegar, Cage-Free Whole Eggs, Salt, Spices, Lemon Juice Concentrate, Tocopherols (Vitamin E)), Roasted Yellow Onion, Roasted Red Onion, MontAmore© Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Garlic, Sea Salt, Non-GMO Citric Acid, Chives, White Pepper. CONTAINS: Egg, Milk

Amount Per Serving			
Calories 100		Calories from Fat 80	
		% Daily Value	
Total Fat 9g			12%
Saturated Fat 3.5g			18%
Trans Fat 0g			
Cholesterol 20mg			7%
Sodium 130mg			6%
Potassium 9mg			0%
Total Carbohydrate 1g			0%
Dietary Fiber 0g			0%
Sugars 1g			
Protein 1g			
Vitamin A 0%			Calcium 2%
Vitamin C 0%			Iron 0%
Vitamin D 0%			
	Calories:	2,000	2,500
Total Fat	Less than	65mg	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9

Carbohydrate 4

Protein 4

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.