

# Sara Lee Classic 100% Whole Wheat Bread

**Serving Size:** 2 slices (52g)

**Servings Per Container:** 11

**Ingredients:** Whole Wheat Flour, water, sugar wheat gluten, yeast, molasses, salt, soybean oil, wheat bran, datem, calcium propionate (preservative) monoglycerides, calcium sulfate, soy lecithin, citric acid, grain vinegar, potassium oideate, soy flour. Comments: Supplied to Royal Crest Dairy by Earthgrains

<b>Amount Per Serving</b>			
Calories 120		Calories from Fat 10	
		<b>% Daily Value</b>	
<b>Total Fat 1.5g</b>			<b>1%</b>
Saturated Fat 0g			0%
Polyunsaturated Fat 0%			0%
Monounsaturated Fat 0%			0%
<b>Cholesterol 0mg</b>			<b>0%</b>
<b>Sodium 120mg</b>			<b>5%</b>
<b>Total Carbohydrate 12g</b>			<b>4%</b>
Dietary Fiber 2g			8%
Sugars 2g			
<b>Protein 3g</b>			
<b>Vitamin A 0%</b>			<b>Vitamin C 0%</b>
<b>Thiamin 4%</b>			<b>Riboflavin 0%</b>
<b>Calcium 2%</b>			<b>Iron 4%</b>
<b>Niacin 4%</b>			<b>Folic Acid</b>
	<b>Calories:</b>	<b>2,000</b>	<b>2,500</b>
<b>Total Fat</b>	<b>Less than</b>	<b>65g</b>	<b>80g</b>
<b>Saturated Fat</b>	<b>Less than</b>	<b>20g</b>	<b>25g</b>
<b>Cholesterol</b>	<b>Less than</b>	<b>300mg</b>	<b>300mg</b>
<b>Sodium</b>	<b>Less than</b>	<b>2,400mg</b>	<b>2,400mg</b>
<b>Total Carbohydrates</b>		<b>300mg</b>	<b>375mg</b>
<b>Dietary Fiber</b>		<b>25g</b>	<b>30g</b>
<b>Calories per gram</b>			

**Fat 9**

**Carbohydrate 4**

**Protein 4**

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\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.