

Peanut Butter Chocolate Chip Cookie Dough

Serving Size: 1 1/2 tbsp (30g/1 cookie)

Servings Per Container: 37

Ingredients: Enriched wheat flour (flour, ascorbic acid, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, vegetable oil margarine [modified palm and palm kernel oil, liquid canola oil, water, salt, whey powder, vegetable monoglycerides, soybean lecithin, potassium sorbate (preservative), citric acid, artificial flavor, vitamin A palmitate, beta carotene, vitamin D3], peanut butter (peanuts), chocolate chips, (sugar, chocolate liqueur, cocoa butter, dextrose, soy lechithin, vanilla) eggs, cooking molasses, water, baking soda, natural flavor, salt. Contains wheat, eggs, milk and soy. Processed in a plant that contains peanuts, tree nuts, sulfites and tartrazine.

Amount Per Serving			
Calories 140		Calories from Fat 70	
		% Daily Value	
Total Fat 8g			12%
Saturated Fat 3g			15%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 95mg			4%
Total Carbohydrate 16g			5%
Dietary Fiber 1g			4%
Sugars 10g			
Protein 2g			
Vitamin A 4%			Vitamin C 0%
Calcium 0%			Iron 4%
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375
Dietary Fiber		25g	30g

Calories per gram

Fat 9

Carbohydrate 4

Protein 4

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.