

Whipping Cream

Serving Size: 1 tbsp (15ml)

Servings Per Container: 32

Ingredients: Milk, Cream, Carrageenan Comments: This product is a fresh product (NOT ultra-pasteurized).
rBGH free

Amount Per Serving			
Calories 50		Calories from Fat 45	
		% Daily Value	
Total Fat 5g			8%
Saturated Fat 3.5g			17%
Trans Fat 0g			
Cholesterol 20mg			7%
Sodium 5mg			2%
Potassium 15mg			4%
Total Carbohydrates < 1g			1%
Dietary Fiber 0g			0%
Sugars > 0g			
Protein 0g			
Vitamin A 4%			Vitamin C 0%
Calcium 0%			Iron 0%
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	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25g	30g
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Calories per gram			
Fat 9	Carbohydrate 4	Protein 4	
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*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on

your calorie needs.